

The 9-8-8 Crisis and Suicide prevention hotline is not yet available in Canada. Imperial Telecom and all in the telecommunications industry and government are working hard to get the service operational.

IF YOU ARE IN CRISIS THE FOLLOWING SERVICES ARE AVAILABLE NOW:

9-1-1 Emergency Services

Talk Suicide Canada by calling 1-833-456-4566, 24 hours a day, seven days a week, or via text to 45645 in the evenings. This service offers bilingual crisis and suicide prevention support.

Children and young adults in Canada in need of mental health supports and crisis services can contact Kids Help Phone at 1-800-668-6868, or text CONNECT to 686868 from anywhere in Canada, any time, about anything.

Residents of Quebec can call 1-866-277-3553 or visit suicide.ca for support by text and online chat.

IF IN DOUBT CALL 9-1-1